

ZEAL

BELIEFS

- DO YOU BELIEVE YOU CAN DO ALMOST ANYTHING YOU COMMIT YOUR HEART AND MIND TO?
- WHAT DO YOU BELIEVE TO BE THE BIGGEST DISTRACTIONS IN YOUR LIFE?
- DO YOU BELIEVE THAT THERE'S ALWAYS A WAY IF YOU ARE COMMITTED?
- DO YOU BELIEVE THAT WHEN A PERSON GIVES UP ON A DREAM THEY DIE INSIDE?
- DO YOU BELIEVE THAT ALL FAILURE IS FINAL?
- HOW DETERMINED DO YOU BELIEVE YOU ARE?
- DO YOU BELIEVE THAT YOU SHOULD NEVER PUT OFF TILL TOMORROW WHAT YOU COULD DO TODAY BECAUSE TOMORROW NEVER COMES?
- DO YOU BELIEVE THAT PROCRASTINATION CAN LEAD TO JUSTIFYING MISSED OPPORTUNITIES?

EXPERIENCE

- DO YOU TEND TO BE DISCOURAGED BY EARLY DISAPPOINTMENTS?
- DO YOU ASK FOR HELP WHEN YOU NEED IT?
- HOW MUCH SELF DISCIPLINE DO YOU HAVE? COULD YOU USE MORE? IN WHAT AREAS?
- WHEN YOU KNOW WHAT YOU WANT, ARE YOU USUALLY PRETTY SECURE ABOUT JUST SETTING OUT AND DOING IT?
- HOW ORGANIZED ARE YOU AT TACKLING YOUR GOALS?
- HOW WILLING ARE YOU TO DO WHAT IT TAKES TO FULFILL YOUR HOPES?
- ARE YOU LIKELY TO BLAME OTHERS FOR THE CIRCUMSTANCES OF YOUR LIFE?
- IS THERE ANYTHING THAT YOU ENJOYED DOING BUT GAVE UP BECAUSE YOU WEREN'T ABLE TO DO IT VERY WELL?
- DO YOU TREAT SETBACKS AS SOMETHING YOU SHOULD FORGET OR AS AN OPPORTUNITY TO REGROUP FOR FUTURE ADVANCEMENT?
- DO YOU TEND TO FOCUS ON "ERRORS" OR THE LESSONS LEARNED FROM THEM?
- WHAT IS SOMETHING YOU FINISHED THAT YOU HAD A HARD TIME STARTING?
- WHAT IS SOMETHING THAT YOU WANT TO CREATE THAT YOU HAVEN'T STARTED YET?
- DO YOU CONSIDER YOURSELF MORE LAZY OR HARDWORKING?
- WHEN YOU GET STUCK AND DON'T KNOW HOW TO DO SOMETHING DO YOU USUALLY LOOK FOR ANOTHER WAY TO DO IT?
- WHEN FACING A BIG SETBACK OR DISAPPOINTMENT WHAT DO YOU USUALLY DO?-LOOK FOR A DISTRACTION?, BLAME IT ON SOMEONE ELSE?, SULK FOR AWHILE?, KEEP GOING?
- CAN YOU DISCIPLINE YOURSELF IN A COMFORTABLE AND HEALTHY WAY TO BE ABLE TO ACCOMPLISH THINGS THAT ARE IMPORTANT TO YOU?
- HOW WELL DO YOU STICK TO WHAT YOU SET OUT TO DO?
- WHEN THINGS DO NOT WORK OUT YOUR WAY DO YOU SWALLOW YOUR DISCONTENT?
- WHEN YOU HAVE A SETBACK DO YOU TEND TO BLAME OTHER PEOPLE AND CIRCUMSTANCES?
- WHAT CAN YOU DO TO TURN PAST SETBACKS INTO NEW VICTORIES?
- WHAT IS YOUR RESPONSE WHEN EXPERIENCING CONTINUOUS SETBACKS?
- DO YOU USUALLY DEPEND ON YOUR OWN STRENGTH TO DO SOMETHING WITHOUT RELYING MUCH ON ANYBODY ELSE TO HELP YOU OUT OR DO IT FOR YOU?
- ONCE YOU MAKE A DECISION DO YOU TAKE ACTION WITHOUT HESITATION?
- DO YOU TEND TO ACCEPT RESPONSIBILITY FOR YOUR LIFE OR BLAME OTHERS?
- WHEN YOU FALL DOWN DO YOU PICK YOURSELF UP, BRUSH YOURSELF OFF AND KEEP GOING?
- DO YOU GENERALLY MAKE UP YOUR MIND ABOUT WHAT YOU WANT IN LIFE, THEN GO FOR IT AND NOT LET ANYONE ELSE STAND IN YOUR WAY?
- HOW WELL DO YOU DISCIPLINE YOURSELF TO DO WHAT NEEDS TO BE DONE?
- DO YOU ENGAGE WHOLEHEARTEDLY IN YOUR DAY'S ACTIVITIES?
- DO SETBACKS AND DIFFICULTIES GENERALLY DEFEAT YOU OR MAKE YOU TRY HARDER?
- DO YOU FACE ADVERSITIES AND CHALLENGES HEAD ON?
- DO YOU TEND TO TAKE ACTION OR DELAY?
- HOW OFTEN DO YOU SAY YOU'RE GOING TO DO SOMETHING AND THEN NOT DO IT?

- ARE YOU MORE LIKELY TO QUIT OR PERSEVERE?
- HOW PERSISTENT ARE YOU?
- WHEN IT'S SOMETHING YOU REALLY WANT DO YOU REFUSE TO TAKE NO FOR AN ANSWER?
- ARE YOU ABLE TO TAKE DISAPPOINTMENTS IN STRIDE?
- HOW ABLE ARE YOU TO BOUNCE BACK FROM UPSETTING SITUATIONS?
- ARE YOU RARELY OR EASILY DISCOURAGED?
- HOW WELL DO YOU COPE WITH SETBACKS AND DISAPPOINTMENTS? WHAT DO YOU DO?
- DO YOU EXPERIENCE YOUR SETBACKS AS OPPORTUNITIES TO LEARN?
- ARE YOU DETERMINED TO THE POINT OF BEING STUBBORN?
- DO YOU USUALLY HAVE THE STAMINA AND ENERGY TO ACHIEVE WHAT YOU SET OUT TO?
- DO YOU TEND TO BE DISCOURAGED BY SKEPTICAL PEOPLE?
- ARE YOU BOTH FLEXIBLE AND PERSISTENT IN PURSUING YOUR GOALS?
- WHEN YOU FIND SOMETHING DIFFICULT WHAT DO YOU USUALLY DO?-TRY ANYWAY AND DO THE BEST YOU CAN?, GIVE UP AND DISTRACT YOURSELF WITH SOMETHING THAT IS MORE FUN OR EASIER?, GET UPSET AND BEG SOMEONE TO DO IT FOR YOU?, BLUFF YOUR WAY THROUGH?, PUT OFF DOING IT AS LONG AS POSSIBLE HOPING IT WILL GO AWAY OR MAGICALLY IMPROVE?
- HOW GOOD ARE YOU AT TURNING STUMBLING BLOCKS INTO STEPPING STONES?
- HOW EASILY DO YOU CHANGE SETBACKS INTO CHALLENGES?
- HOW MUCH OF A PROCRASTINATOR ARE YOU?
- HOW PERSISTENT ARE YOU IN PURSUIT OF YOUR GOALS?
- WHAT KINDS OF THINGS DO YOU EASILY GIVE UP ON?
- DO YOU CONTINUE TO EXERCISE YOUR POWER TO CHOOSE NO MATTER HOW HOPELESS YOUR LIFE SEEMS?
- WHEN WAS A TIME THEY SAID YOU COULDN'T DO SOMETHING AND YOU WERE DETERMINED TO DO IT?
- ARE YOU SOMEONE WHO COULD USE A LITTLE LESS WORRY AND A LITTLE MORE ACTION?
- WHEN YOU HIT A SNAG ARE YOU EVER TEMPTED TO THROW IN THE TOWEL? WHEN WAS A TIME YOU DID? WHEN WAS A TIME YOU REFUSED TO?